



Inner Wheel District - 324

Ambalika

East Zone Meet Edition



IIW President
Ebe Panitteri Mertines
Italy



Association President
Saroj Katiyar
Kanpur



District Chairman
Amita Mundra
Gangtok



District Editor
Pinki Agarwal
Dimapur



**INNER WHEEL
DISTRICT - 324
INDIA**





Inner Wheel Prayer



Instill in us O Lord
the true meaning of friendship
Never let us forget that
we are all thy children
Notwithstanding the differences
in our culture & creed
Endow us with a desire to
serve our fellowmen
Remembering that we too often need help
Whenever or wherever
need for service arises
Help us to be ready to serve
Endeavoring to make our
badge on Inner Wheel worthwhile
Ensuring that we have not
Lived in vain.



इनरव्हील प्रार्थना

मित्रभाव के सत्य अर्थ को हम सब में, हे ईश्वर भर दो ।
हम सब ही हैं तेरे बालक भूलें ना यह इतना कर दो ॥
धर्म और संस्कृति भेदों को मन में नहीं स्थान रहे ॥
सभी मानवों की सेवा का हमें सदा ध्यान रहे ॥
आवश्यकता हमें मददकी हो सकती है याद रहे ॥
सेवा करने की जरूरतें जब कहीं भी आन पड़ें ॥
सेवा करने की सब जन की तत्पर हम सब डटे रहें ॥
इनरव्हील की शान बढ़ायें यह वर हमें प्रदान करो ॥
मानव जीवन व्यर्थ न जाये प्रभु यह कृपा प्रदान करो ॥



District Executive Committee



Amita Mundra
District Chairman

MEANING:
OWNER OF BEAUTIFUL MIND

Spirited Sumana

HOBBIES: TRAVELING, SINGING, COOKING, READING, WRITING

DISTRICT VICE CHAIRMAN
2021-22

STRENGTHS: MY FAMILY

MANTRA:
GOOD WORK IS THE ESSENCE OF LIFE



MEANING:
SERENE AND MELODY


Resilient Reena

HOBBIES: TRAVELING, COOKING, GARDENING, SOCIALISING

ASSOCIATION COUNCIL MEMBER
2021-22

STRENGTHS: MY SONS & MY STRONG WILL POWER

MANTRA:
I AM STRONG AND I CAN DO EVERYTHING. I BELIEVE IN ME.



Y E A R 2 0 2 1 - 2 0 2 2

MEANING:
AS IN THE HOLY BOOK GEETA


Gorgeous Geeta

HOBBIES: READING, MUSIC, TRAVELING & SOCIAL WORK

DISTRICT SECRETARY
2021-22

STRENGTHS: POSITIVE ATTITUDE, SINCERITY AND DEDICATION TO THE CAUSE & MY DEVOTION TO MY FAMILY AND FRIENDS

MANTRA:
LIVE AND LET LIVE.



MEANING:
ONE WHO SPREADS HAPPINESS

Aesthetic Anindita

HOBBIES: TRAVELING TO OFF BEAT PLACES, PHOTOGRAPHY, SOCIALISING

DISTRICT TREASURER
2021-22

STRENGTHS: MY MOM, EXTROVERT & OPTIMISTIC NATURE

MANTRA:
PRACTICE WHAT YOU PREACH



MEANING:
PARTICLE/ ATOM


Radiant Renu

HOBBIES: READING BOOKS, SOLVING CROSSWORDS AND SUDOKU, TRAVELING TO NEW PLACES

DISTRICT ESO
2021-22

STRENGTHS: CONFIDENCE IN MY ABILITIES

MANTRA:
BE HONEST IN ALL YOUR DEALINGS



MEANING:
FLOOD


Bold Bonya

HOBBIES: TRAVELING, SOCIALISING

DISTRICT ISO
2021-22

STRENGTHS: MY POSITIVE VIBES

MANTRA:
TO SPREAD LOVE AND HAPPINESS



MEANING:
BEAUTIFUL AND JOLLY

Perky Pinky

HOBBIES: SOCIAL SERVICE, LISTENING TO MUSIC & CRAFTING

DISTRICT EDITOR
2021-22

STRENGTHS: KNOW HOW TO STAND UP FOR MYSELF, LIKE TO ACCEPT CHALLENGES & FACE THEM NO MATTER HOW HARD THEY ARE

MANTRA:
ALWAYS TRY TO MAKE OTHERS HAPPY






SHEROES

**GOALS FOR
2021-22**



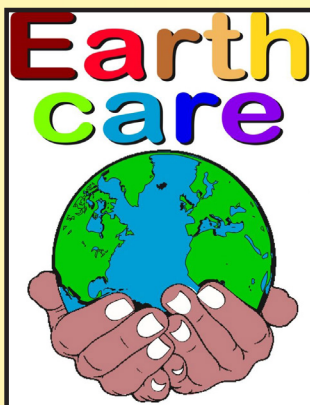
Association of Inner Wheel Clubs in India
The Key focus points



The Women inside you SHEROES



Refresh



SPREADING THE WINGS OF INNER WHEEL





“MAHISASURMARDINI”



सर्वमंगल मांगल्ये शिवे सर्वार्थ साधिके।
शरण्ये त्र्यंबके गौरी नारायणि नमोऽस्तुते।।

“O Mother!
Thee, who is present everywhere,
thee who is the embodiment of power and Energy!
I Bow to Thee! I Bow to Thee! I Bow to Thee!”

Durga - the goddess of power and strength, is perhaps the most important goddess of the Hindus. She is a multi-dimensional Goddess, with many names, many personas, and many facets. As Mahishasuramardini or Shakti, she is the destroyer of evil - with her ten mighty arms carrying lethal weapons she triumphantly slays the demon Mahishasura. As Sati, beloved daughter of King Daksha and Queen Menaka she gives up a kingdom and earns her father's wrath. As Kali, she turns black as the night and omnipotent, terrible in rage and fury, with just a string of skulls as her garland and her only garb. As Parvati, she is serene, the pretty consort of Lord Shiva by his side in the snowy peaks of the Kailash mountain. She is Bhawani, symbol of life. She is Sati, the object of death. She is Basanti, the herald of springtime. She is also Amba, Jagadhatri, Tara, Ambika, Annapurna.

Durga, through all her forms, encompasses the essence of salvation and sacrifice. She is the mother of bounty and wealth, as also of beauty and knowledge, for her daughters are Lakshmi and Saraswati (Hindu goddesses of wealth and knowledge, respectively).

The Divine Mother is beyond all material attributes, eternal and ever omniscient. She is beyond any change, immutable and unattainable but by yoga. She is the refuge of the universe and her nature is of pure consciousness.

Durga, the Mother Goddess is the symbol of all the auspicious and true qualities which define the Supreme Being. Of all her forms, Devi Durga is the ultimate representation of infinite power, purity and strength of purpose, which resides within the divine essence of every being.

“Om. She Who Conquers Over All,
All-Auspicious, the remover of Darkness,
the Excellent One Beyond Time,
the bearer of the Skulls of Impure thought,
the reliever of difficulties, loving, forgiving,
supporter of the Universe,
accept the oblations of the devotee who is one with you,
accept the oblations of ancestral praise,
We bow to you.”

Courtesy: Internet



INNER WHEEL CLUBS DISTRICT - 324



ASANSOL...

Asansol is one of the top cities in West Bengal with a population of 12 lakh people. It is the second-largest urban agglomeration city in West Bengal and is famous for important industries like EMTA and IISCO, back then Hindustan CABLE used to be one of the largest in INDIA as well as Asansol Glass Factory being the largest in ASIA. The Average Literacy of Asansol is 83.30%

IWC ASANSOL

Date of formation : 29-08-1983

Club Strength : 31

President : Mrs. Rabindar Kaur Wadhwa



IWC ASANSOL GREATER

Date of formation : 1993

Club Strength : 13

President : Tapati Dasgupta

BONGAIGAON ..

Bongaigaon district is an administrative district in the state of Assam in northeastern India. The district headquarters are located at Bongaigaon. The district occupies an area of 1,093 km².

IWC BONGAIGAON

Date of formation : 17-10-2014

Club Strength : 19

President : Dr. Sima Chhawchharia



DARJEELING..

Darjeeling is a city and a municipality in the Indian state of West Bengal. It is located in the Lesser Himalayas at an elevation of 2,000 metres (6,560 ft). It is noted for its tea industry, its views of the world's third-highest mountain Kangchenjunga, and the Darjeeling Himalayan Railway, a UNESCO World Heritage Site. Darjeeling is the headquarters of the Darjeeling district which has a partially autonomous status called Gorkhaland Territorial Administration within the state of West Bengal. It is also a popular tourist destination in India.

IWC DARJEELING

Date of formation : 20-07-1973

Club Strength : 28

President : Sanju Chachan





INNER WHEEL CLUBS DISTRICT - 324



DIBRUGARH...

Dibrugarh is a city in Upper Assam with sprawling tea gardens. It serves as the headquarters of Dibrugarh district in the state of Assam in India. Dibrugarh also serves as the headquarters of the Sonowal Kachari Autonomous Council, which is the governing council of the Sonowal Kachari tribe (found predominantly in the Dibrugarh district). The City Master Plan area of Dibrugarh is 66.14 Km² and population is 154,296. Dibrugarh also acts as the end point of North-East Frontier Railway Zone with Dibrugarh railway station which ranks as the top largest railway junction in entire Northeast.

IWC DIBRUGARH

Date of formation : 30-01-2000

Club Strength : 31

President : Ritu Baruah



DIMAPUR..

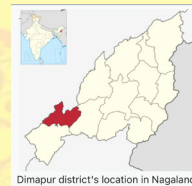
The city is the main gateway and commercial centre of Nagaland. Located near the border with Assam along the banks of the Dhansiri River, Dimapur is the only plains tract of hilly Nagaland and also has the only railway station and airport in the state for connectivity and economic activity.

IWC DIMAPUR

Date of formation : 13-10-2014

Club Strength : 28

President : Mrs. Mamta Bucha



DULIAJAN...

Duliajan is an industrial town located in Dibrugarh District in the upper north-east corner of India. The town is about 45 km east of Dibrugarh City. It is particularly known for its oil related industry, Oil India Limited, one of the country's largest oil and gas companies.

IWC DULIAJAN

Date of formation : 03-09-2011

Club Strength : 30

President : Ms. Bulbul Adhyatak



DURGAPUR...

Durgapur is a major industrial and tier-II city and a municipal corporation in Paschim Bardhaman district in the Indian state of West Bengal. Known as the "Steel Capital of East India", Durgapur gracefully blends its small-town life into metro-worthy energy. Apart from the famous steel plants, Durgapur is dotted with beautiful temples and a few other tourist spots. The local cuisine will surely make your mouth water from the heady aroma wafting in the air.

IWC DURGAPUR

Date of formation : 24-06-1982

Club Strength : 31

President : Manju Chandak





INNER WHEEL CLUBS DISTRICT - 324



GANGTOK...

Gangtok features a monsoon-influenced subtropical highland climate. Because of its elevation and sheltered environment, Gangtok enjoys a mild, temperate climate all year round. Like most Himalayan towns, Gangtok has five seasons: summer, monsoons, autumn, winter and spring.

IWC GANGTOK

Date of formation : 22-09-2000

Club Strength : 33

President : Sunita Kiran



Location of Gangtok in Sikkim

IWC GANGTOK ORCHID

Date of formation : 13-12-2019

Club Strength : 13

President : Archana Lakhota



Gangtok (India)

GUWAHATI...

A major riverine port city along with hills, and one of the fastest growing cities in India, Guwahati is situated on the south bank of the Brahmaputra. It is called the 'Gateway to North East India'. The ancient cities of Pragjyotishpura and Durjaya (North Guwahati) were the capitals of the ancient state of Kamarupa.

IWC GUWAHATI WEST

Date of formation : 12-11-1992

Club Strength : 4

President : Binita Agarwal



Map of Assam

IWC GUWAHATI EAST

Date of formation : 30-08-2005

Club Strength : 21

President : Leela Gupta



Guwahati (India)

HAILAKANDI...

Hailakandi is one of the 33 districts of Assam state in north-eastern India. It makes up the Barak Valley alongside Cachar and Karimganj. It was constituted as a civil subdivision on 1 June 1869. Subsequently, it was upgraded to a district in 1989, when it was split from Cachar district.

IWC HAILAKANDI

Date of formation : 25-05-2018

Club Strength : 15

President : Karabi Roy



District location in Assam



INNER WHEEL CLUBS DISTRICT - 324



JORHAT...

Jorhat is an administrative district of the Indian state of Assam situated in the central part of the Brahmaputra Valley. The district is bounded by Majuli on north, Nagaland state on the south, Charaideo on the east and Golaghat on the west. On the north of the district, the river Brahmaputra forms the largest riverine island of the world. The administrative seat is at Jorhat city

IWC JORHAT

Date of formation : 19-11-1998

Club Strength : 25

President : Sumitra Purkayastha



Location in Assam



Jorhat (India)

KARIMGANJ...

Flanked on two sides by the rivers Kushiyara and Longai, Karimganj town is located just on the Bangladesh border with the river Kushiyara flowing in between. One prominent feature of the place is a long and winding canal called Noti Khal meandering through the town.

IWC KARIMGANJ

Date of formation : 27-08-2015

Club Strength : 21

President : Krishna Menon Dey



MALDA...

Malda district, also spelt Maldah or Maldaha (Bengali: [malda], [malɔɦ], often [malɔɦo]); is a district in West Bengal, India. It lies 347 km (215 miles) north of Kolkata, the capital of West Bengal. Mango, jute and silk are the most notable products of this district. The special variety of mango, Fazli, produced in this region is popularly known by the name of the district and is exported across the world and is internationally acclaimed

IWC MALDA

Date of formation : 17-04-1994

Club Strength : 29

President : Sumita Mitra



Location of Malda District in West Bengal

SHANTINIKETAN...

Santiniketan is a neighbourhood of Bolpur city in Bolpur subdivision of Birbhum district in West Bengal, India, approximately 152 km north of Kolkata. It was established by Maharshi Devendranath Tagore, and later expanded by his son Rabindranath Tagore whose vision became what is now a university town with the creation of Visva-Bharati.

IWC SHANTINIKETAN

Date of formation : 28-02-1989

Club Strength : 16

President : Soma Singha





INNER WHEEL CLUBS DISTRICT - 324



SHILLONG...

Shillong is a hill station in the northeastern part of India and the capital of Meghalaya, which means "The Abode of Clouds".[5] It is the headquarters of the East Khasi Hills district. Shillong is the 330th most populous city in India with a population of 143,229 according to the 2011 census.[6] It is said that the rolling hills around the town reminded the British of Scotland. Hence, they would also refer to it as the "Scotland of the East".

IWC SHILLONG

Date of formation : 08-09-1984

Club Strength : 32

President : Dr. Meena Sehdev

IWC PINE CITY SHILLONG

Date of formation : 09-08-2019

Club Strength : 23

President : Vansha Choudhury



SILCHAR...

Silchar is the headquarters of the Cachar district of the state of Assam, India. This City is 343 kilometres (213 mi) south east of Guwahati. It was founded by Captain Thomas Fisher in 1832 when he shifted the headquarters of Cachar to Janiganj in Silchar.[1] It earned the moniker "Island of Peace" from Indira Gandhi, the then Prime Minister of India.[2] Silchar is the site of the world's first polo club and the first competitive polo match.[3][4] In 1985, an Air India flight from Kolkata to Silchar became the world's first all-women crew flight.[5] Silchar was a tea town and Cachar club was the meeting point for tea planters. This valley town is extremely rich in terms of culture and heritage.

IWC SILCHAR

Date of formation : 09-11-2002

Club Strength : 52

President : Shilpi Ghosh



SILIGURI..

Siliguri is a major city in West Bengal that forms "Twin Cities" with the neighboring district capital of Jalpaiguri. The city spans areas of the Darjeeling and Jalpaiguri districts in the Indian state of West Bengal. Known as the "Gateway of Northeast India",[1] Siliguri is popular for three Ts - tea, timber and tourism.[12] It is located on the banks of the Mahananda River and the Teesta River at the foothills of the Himalayas.[13] Siliguri is the third largest urban agglomeration in West Bengal, after Kolkata and Asansol.

IWC SILIGURI

Date of formation : 19-09-1989

Club Strength : 32

President : Premlata Bihani





INNER WHEEL CLUBS DISTRICT - 324



Location in West Bengal



Location in India

IWC SILIGURI MIDTOWN

Date of formation : 27-07-2012

Club Strength : 26

President : Julie Agarwal

IWC SILIGURI SAVVY

Date of formation : 12-08-2020

Club Strength : 37

President : Mrs. Puja Killa

IWC SILIGURI UTTORAYON

Date of formation : 09-03-2015

Club Strength : 100

President : Sweta Agarwal

IWC SILIGURI UTTORAYON AURA

Date of formation : 03-12-2019

Club Strength : 47

President : Megha Goyal

IWC SILIGURI UTTORAYON DIVA

Date of formation : 27-08-2020

Club Strength : 18

President : Gunjan Agarwal



INNER WHEEL CLUBS DISTRICT - 324



TEZPUR...

Tezpur is a city and urban agglomeration in Sonitpur district, Assam state, India. Tezpur is located on the banks of the river Brahmaputra, 175 kilometres (109 mi) northeast of Guwahati, and is the largest of the north bank cities with a population exceeding 100,000 as per Metropolitan Census 2011.

IWC TEZPUR

Date of formation : 04-07-2004

Club Strength : 13

President : Indu Singh



TINSUKIA...

Tinsukia district is one of the 33 administrative districts in the state of Assam, India. The district headquarters is located at Tinsukia city. The district occupies an area of 3790 km².

IWC TINSUKIA

Date of formation : 24-09-1997

Club Strength : 26

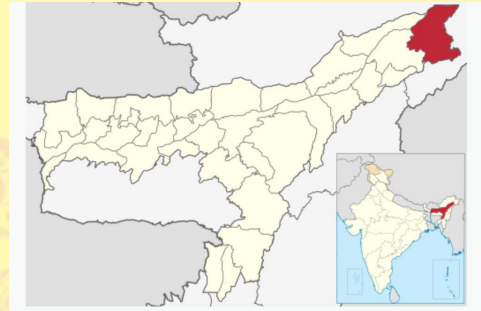
President : Chitra Dey

IWC TINSUKIA MITRA

Date of formation : 27-05-2020

Club Strength : 18

President : Adv. Pallavi Phukan



Location of Tinsukia district in Assam

श्री दुर्गा वंदना

या देवी सर्वभूतेषु, शक्तिरूपेण संस्थिता ।
नमस्तस्यै नमस्तस्यै नमो नमः ।
इन्द्रियाणामधिष्ठात्री भूतानां चाखिलेषुया ।
भूतेषु सततं तस्यै व्यास्यै व्यास्यै देव्यै नमो नमः ॥
चित्तिरूपेण या कृत्समेतद्व्याप्य स्थिता जगत् ।
नमस्तस्यै नमस्तस्यै नमस्तस्यै नमो नमः ॥

From The Desk of District Chairman



Amita Mundra

Dear IW Friends,

It gives me immense pleasure to reach all of you through our EZM special edition District Bulletin – AMBALIKA. I congratulate our District Editor Pinky Agarwal for bringing out this special edition. We are still in the festive mood seeking the blessings of Maa Durga and I dedicate this beautiful edition of Ambalika to Goddess Durga, our mother.

The world needs more strong women to lift other women who stand together side by side. From being one compassionate individual to a great warrior, Goddess Durga juggles ten things at a time and emerges victorious every time. We all have this power within us. There is a need just to ignite this shakti lying deep within and come out strong as strong women make stronger world.

Inner Wheel has given us the platform where we can make meaningful contributions to the society. We are in a position where we can voice our opinion towards achieving our goals of International Inner Wheel. Inner Wheel District 324 has stepped into its 30th year and over the years we have grown strong and are still learning and progressing as we move ahead. Its like, more than a quarter of IW year has gone by and I am extremely satisfied to look back on the works done by all the clubs. Even with life put on hold in many areas in our District, the clubs came out strong proving that potential can be cultivated in the bleakest of moments.

I congratulate each and every member and club of District 324 on their efforts to uphold the aims of Inner Wheel and wish them success in their continued service and friendship to humanity. All praises to DC Jyoti Mahipal and the organising committee for giving us this beautiful East Zone Meet. Here's to all the strong women.

MAY WE KNOW THEM. MAY WE BE THEM. MAY WE RAISE THEM.

Yours in Inner Wheel
Amita Mundra
District Chairman

From the Desk of Association President



Saroj Katiyar

Dear Friends,

I am deeply honored and humbled to be the 46th Association President as we celebrate our 97th Anniversary of Inner Wheel. It is a tribute to the hundreds of Past Champions who came before us, and it is for us now to ensure that Inner Wheel keeps its charisma intact in the years to come.

"Individual commitment to a group effort-that is what makes a team work, an organisation work, a society work, and a civilization work."- Vince Lombardi

I would like to congratulate the District Chairman and Executive Committee members for taking up prestigious leadership positions in the District. This, not only demonstrates your commitment to contributing towards the upliftment of your District but also indicates your peers respect and belief in you as a leader. With an inspiring past and strong present, it is for you all to continue to your District's success and march to brighter tomorrows.

Ours is the largest woman's organization in the world and it is time for us to take a lead in creating a platform for women Entrepreneurs who will mark a difference in the bizz world with their innovation, dedication and passion . I believe in this age of cut throat competition, creating an interface for women led startups is of prime importance where they can find all the knowledge and opportunities to help them with various government schemes, creating a bridge between startups and investors, mentoring by well-established entrepreneurs and others.

This year's IIW theme, "PINK FIRST " defines the message:'Equality and Empowerment for women'. We will extensively work on gender equality, equal opportunities at workplace, skilling of rural women, E- education for girls, eradication of social stigmas towards women which are essential for the economic and social development of a country and a stronger world.

The most courageous act is still to think for yourself. Aloud." – Coco Chanel

"IIW's influence on the hearts of the people of the world depends on the service we do and the number of communities that we serve." Let us continue to expand our reach to needy and celebrate Inner Wheel by sharing our motto of Friendship and Service with our friends, family, and community. It is a message that will endure for centuries to come.

This is the year for the prestigious 16th Triennial Conference –ENVISION2k22 Think - Implement - Achieve with an unmatched class, supreme perfection and as an unparalleled event. It is your event, it is your responsibility to make it an unforgettable experience with huge participation of members.

"Perfection is not attainable, but if we chase perfection we can catch excellence."

I believe with our pro-active initiatives, hard and committed working team and support from members, the curve of IIW graph will escalate in upward direction exponentially.

It is not enough to tell the world that we exist. Let the world know us by our performance that we excel in what we do. Let us do the things our way, the way that leads to excellence.

Lets contribute to make this year - A year of Success, a year of Prosperity, a year of Satisfaction.

Love and Best wishes Saroj



From the Desk of Immediate Past Association President



Vasudhaa Chandrachud

Dear District Editor Pinky,

Hearty Congratulations for taking out this 3rd edition of District bulletin – AMBALIKA I am sure this edition will show your work as a dedicated District Editor even in this continued pandemic. AMBALIKA will provide much needed information and updates of District happenings and projects. District 324 has accepted the challenge of current situation, opened the doors to new possibilities and achieved newer heights of performance under the able guidance of District Chairman Amita Mundra. It is a very good idea to release this bulletin during East Zone Meet so other Districts also will get motivated to do good work.

Vasudhaa Chandrachud
Immediate Past Association President
Association of Inner Wheel Clubs in India

"Don't stop
When you're tired. Stop
When you are Done

From The Desk of Association Vice President



Dr. Surjit Kaur

It is with much joy that I pen a few words for your District Bulletin Dear District Editor Pinky. Your District has always held a very special place in my heart. A District known for the warmth of its friendship , love , hospitality and scenic beauty

A District that is known for its compassion, selfless service , generosity, to the less fortunate and the needy your saga of service in the years gone by, and this year under the dynamic leadership of District Chairman Amita Mundra has been outstanding. Congratulations EC Members and District 324

Your projects are unique - you have devised and created new ways to serve the underprivileged with the maximum impact. You have drawn the best from your team Dear DC Amita and you have all worked together in a spirit of friendship and service. You have inspired the district to do the same. Well Done! We , as empowered women , and also striving hard to empower women to stand brave and strong , face many challenges. Yet, no challenge, no pandemic, can deter us. We face it with our heads held high and our spirits strong and free

My prayers and best wishes are with you , as you all leave your footprints on the sands of time. God bless you

Yours in friendship
Dr Surjit Kaur
Association Vice President
2021-22

From The Desk of Association Treasurer



Meenal Lathi

Dear Dist. Chairman Amita, Dist. Editor Pinky, DEC Members and Members of Inner Wheel IWD 324, I would like to extend my heartiest Congratulations to Inner Wheel 324 for publishing this Third Dist. News Letter Ambalika.

It is a great moment of pleasure for me to convey my warm greetings to you all on Navratri and Dussehra. Inner Wheel Movement is an eloquent example of women's role extending beyond traditional roles. It provides us a platform to develop our selves, to enjoy friendship and to dedicate our service to the needy. We should realize that it is a rare opportunity to achieve the motto of Inner Wheel. From this year International Inner Wheel has given us Strong Women Stronger World social project campaign. We should grab this opportunity and help to develop women. Let's make our IIW theme Pink First meaningful.

Vision without action is a dream

Action without vision is simply passing the time

But Action with vision makes a positive impact on someone's life

So motivate and reinforce the fact that women coming together can do anything. Take significant steps for empowerment of women.

All the lights of the world cannot be compared to one ray of Inner light of the self. When Inner Wheel members come together for friendship & service, those rays of Inner Light burn more brightly together. I wish, that flame of friendship & devotion burn in your hearts, that the light of understanding shine in your mind, that the warmth of harmony glow in your homes and that the bright rays of service forth ceaselessly from your hands .

Wishing You a Glorious and successful Year Ahead. In friendship with Pink Love

Meenal Lathi

Hon. Association Treasurer

From the Desk of Association Editor



VEENA SWAMY

Dear District chairman Amita and District Editor pinky
Warm Inner Wheel Greetings !!!

It's a great pleasure to reach out to every member of your District through this First News letter
AMBALIKA

At the outset let me congratulate District chairman Amita for successfully completing 3 months tenure . In the phenomenal projects carried by the clubs in District 324 is a testament for your leadership skills. I was happy to share the projects on IIW and Association media handles .The projects done by all the clubs covers every avenue of service.

The News letter AMBALIKA compiled is an informative window to share the news of the club programs and activities of your District . I am aware of your leadership qualities . Amita you have inspired and motivated the club members of your widespread District to send photograph of unique activities and projects .

Wishing DC Amita ,DE and team even more success in the future .

Enjoy Inner wheel

Enjoy friendship.....

Enjoy Every moment ..

Yours in friendship

VEENA SWAMY

National Editor Association of Inner wheel clubs in India



Don't watch the clock;
Do what it does
Keep going.

From the Desk of Association CCCC



PAP Dr. Rashmi Sharma

Dear District Chairman Amita,

As the new Inner Wheel Year 2021-22 begins, please accept my hearty congratulations and best wishes for taking over the mantle of District Chairman, the highest post in the District. Everyone in your year shall see the dawning of a year full of extraordinary work towards making women stronger, for others to follow.

You are a multifaceted talented, vibrant and thoughtful person. I am sure that as District Chairman the clubs in your district shall undertake worthwhile projects and leave behind a lasting legacy.

I am sure that you will fulfill the purpose of IIW theme 'Pink First'. And let me tell you, as rightly quoted by Kasia Gospos, "Amazing things happen when women help other women." This year will be a step towards strong women educationally, mentally, physically, and spiritually leading to the world becoming stronger.

Inner Wheel teaches us that it is up to us to live up to the legacy that was left for us by our predecessors, and to leave a legacy that is worthy of our children and of future generations.

"You need not worry about how you will be remembered. Instead focus on living a life of character, conviction and compassion and your legacy will never be forgotten." Dr. Robyn Siverman.

I would like to congratulate your District Editor Pinki Agarwal for showing enthusiasm in making the bulletin and getting it released in the East Zone Meet. Through this bulletin I am sure she will be able to publicize the activities of our District as well as inform the clubs in the District regarding activities of various levels of Inner Wheel.

I am having no doubt that she under your able guidance you will do justice with the bulletin and would tempt members to treasure it. I wish her all the best.

Lots of love and best wishes to you and your team for 2021-22.

yours in Inner Wheel Friendship and Service,

PAP Dr. Rashmi Sharma
Association CCCC
Association of Inner Wheel Clubs in India



CONDOLENCE



PDC Late Mrs. Subinita Dey
IWC Tinsukia



Late Mrs. Tapasi Dutta
IWC Santiniketan

Gone, not forgotten
You will always remain
in our heart

OM SHANTI



Various Clubs in Action

Inner Wheel District 324



2021-2022





Inner Wheel Club of Asansol



Care for Elderly Person



Promotion of Clay Pots



Felicitation of Doctor's



Care for Disabled



Tree Plantation



Adoption of Two Girl Child



Anti spitting Campaign



Free Check-up of 45 Patients



Branding Inner Wheel



Inner Wheel Club of Bongaigaon



Lemon Supply From BNG to Siliguri



Doctor's Day Celebration Day



Installation Ceremony of the Club



Making A Shed for the Village Girl



Independence Day Celebration



Visited Girls Orphanage



Tree Plantation



Friendship Day Celebration



Teacher's Day Celebration



Visited Mental Home Celebration



Inner Wheel Club of Darjeeling



Sponsored 25 Expectant Mothers for 6 Months



Birthday Celebration and Kripasarm



Donated Wheel Chair & Diapers



Visited oldage Home At Kurseong



Observed Peace Day



Charter Day Celebration



Mother & Child Project



Environment Day Celebration



Literacy Day



Friendship Day Celebration



Inner Wheel Club of Dibrugarh



Observed Breast Feeding Week



Friendship Day Celebration



Teacher's Day Celebration



Independence Day Celebration In Dibrugarh Jail



Literacy Day Celebration at Orphanage



International Peace Day At Orphanage



Visited Oldage Home



International Deaf Day Observed



one Month Groceries Donated to Orphanage



Gandhi Jayanti Celebration



Inner Wheel Club of Dimapur



PPE Kit Donation for Covid Patients



Waiting Shed Construction



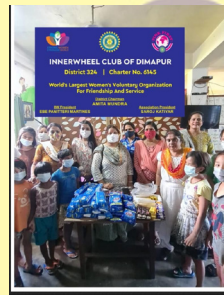
Constructed Two Toilet Blocks in Dimapur College



Peace Day Celebration



Distribution of Jute Bags



Gandhi Jayanti Celebration



Birthday Celebration of Orphanages



World Mental Health Day Celebration



Distribution of Food items at orphanage



Branding of Inner Wheel



Inner Wheel Club of Duliajan



Doctor's Day Celebration



Adult Literacy



Nutrious Food for Disabled Orphanages



Celebrated Population Control Week



Deaf Day



Visited Inner Wheel Forest



Friendship Day Celebration



Sister Hood Day Opened Hanging Garden



Celebrated Elderly Day



Observed Breast Feeding Week



Inner Wheel Club of Durgapur



Healthy Hampers Distributed Among Lactating Mothers



Tree Plantation



Prize Distribution among top Scorers of Board Examination



New Members Inducted



Skill Development Workshop



Branding of Inner Wheel By Umbrella Distribution



Teacher's Day Celebration



Cash Amount Was Handed Over to a Farmer Parent of Deaf & Dumb Child



Distribution of New Cloths & Food in an Old Age Home



Felicitation of Shri Rabindra Nathji



Inner Wheel Club of Gangtok



Doctor's Day Celebration



Organised Slogan writing Competition on Breast Feeding



Independence Day Celebration



Distribution of Pamphlets



Supported Govt. By Donating Ration



Donated 12 Smartphones To the Students



Donated 2 Sewing Machine To Needy Ladies (Joint Project With Hailakandi Club)



Honored one reputed Social Worker and Educationist on elderly Day



National Seniors Citizen Day Celebrated



Online Singing Competition on Teacher's Day



Inner Wheel Club of Gangtok Orchid



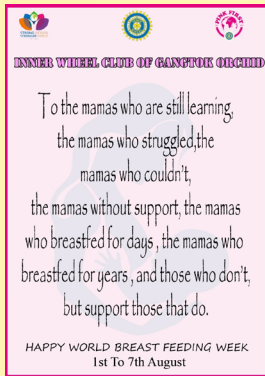
Doctor's Day Celebration



Teacher's Day Celebration



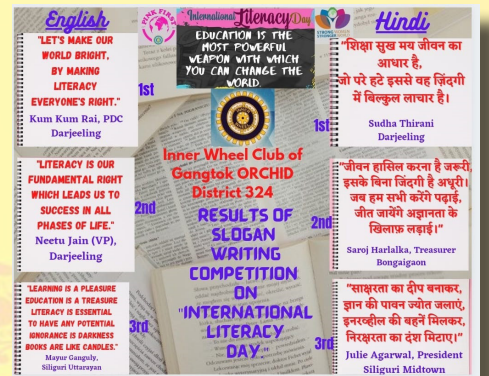
Distribution of N95 Masks



Observing Breast Feeding Week



Independence Day Celebration



Observing Literacy Day Celebration



Felicitation of Professor

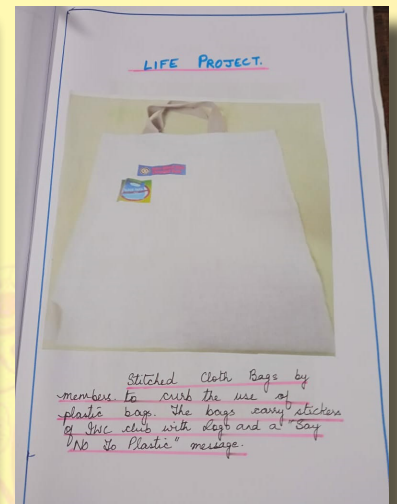
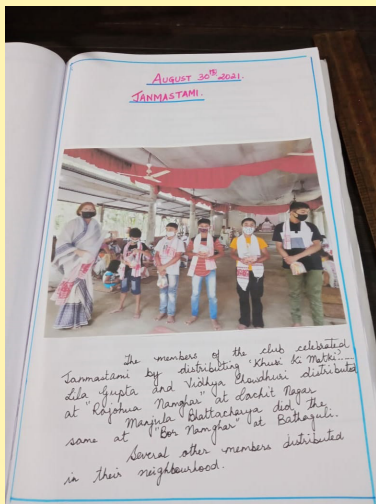
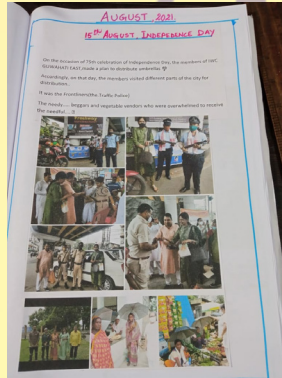


Friendship Day Celebration





Inner Wheel Club of Guwahati East



Various Project Done by the Club



Inner Wheel Club of Hailakandi



Distribution of Sanitary Napkins



Observed Breast Feeding Week



Project on Health Hygiene



Project on Empowering Women



Distribution of Dustbin



Observed Yoga Day



Teacher' Day Celebration



Doctor's Day Celebration



Observed World Senior Citizen Day



Joint Project With IWC Gangtok

Inner Wheel Club of Jorhat



Observed Independence Day



Felicitation on Doctor's Day



Observed Environmental Day



Observed World Food Day



Teacher's Day Celebration



Observed Gandhi Jayanti

Inner Wheel Club of Karimganj



**Doctor's Day
Celebration**



**Observed World
Breast Feeding Day**



Installation Ceremony



**Independence Day
Celebration**



**Celebration of
Raksha Bandhan**



**Teacher's Day
Celebration**



**Distribution of
Stationaries**



District Chairman's Visit

Inner Wheel Club of Malda



**Tree Plantation
(Earth Care)**



**Care for Distressed
Women
in a Village**



Care for Child Health



**Donated Cycle
to a Disabled Orphan
Child**



**Felicitated Covid
Warriors**



Child Education



**Doctor's Day
Celebration**



**Care for Old aged
Monk**



Child Health Camp



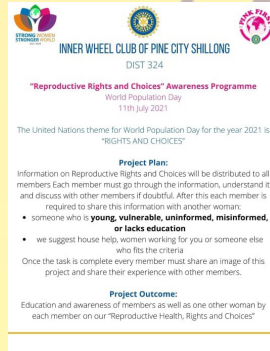
Adoption of Girl Child



Inner Wheel Club of Pine City Shillong



Tree Plantation in Orphanage



Awareness Programme on Reproductive Rights and Choices of Women



Installation of Sanitary Napkin Vending Machine at Girls School



Tree Plantation at Golf Links



Webinar on Micro Greens



Computer Set Donation at Orphanage School



Blood Donation Camp



Breastfeeding awareness flyers Distribution at Maternity Hospital



Webinar on E-Waste



News Paper Article Destigmatisation and Awareness of Breastfeeding



Inner Wheel Club of Santiniketan



**Vaccination Camp
Arranged in Association with
Bolpur Primary Health Center on
Independence Day**



Observed World Literacy Day



Tree Plantation



**Distribution of Covid Guideline
Posters in Local Shops**



**Distribution of Fruits & Nutritious
Supplements for the patients**



Organised health Check-up Camp



Blood Donation Camp



**Demonstration of
an Unique Machine
which Converts
Plastic to Fuel**



**Teacher's Day
Celebration**



**An experimental
workshop for
Resilience Building
in School
Going Children**



Inner Wheel Club of Shillong



Distributed Contraceptives



Distributed Umbrellas



Tree Plantation



Hoardings on Doctor's Day



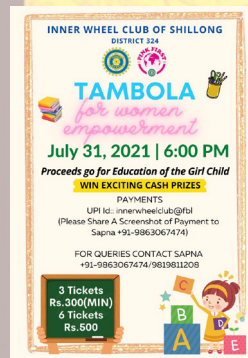
Independence Day Celebration



Observed Breast Feeding Week



Distribution of Tulsi Saplings to the Members



Fund Raising Project



Distribution of Saplings



Inner Wheel Club of Silchar



Inauguration of Adult Literacy Center



Project under Old Age Home



Project under Health & Hygiene



Inauguration of Computer Center



Adoption of 2 Girl Child



Branding of Inner Wheel



Project under Earth Care



Project under Health & Hygiene



Visited Central Jail



Visited Old Age Home



Inner Wheel Club of Siliguri



Observed Doctor's Day



Breast Feeding Awareness Week



Observed Nutrition Week



Vaccination Drive



Tree Plantation



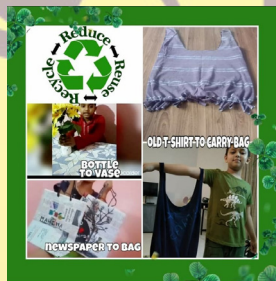
Observed World Nature Conservation Day



Observed Senior Citizen Day



Visited Orphanage



Say No to Plastic



Literacy Day Celebration



Inner Wheel Club of Siliguri Midtown



Donated Refrigerator



Social Awareness



Opening Library



Health Check-up Camp



Opening School



Jute Bag Distribution



Observe Literacy Day



Donated Sewing Machine



Branding Inner Wheel



Blood Donation Camp



Inner Wheel Club of Siliguri Savvy



Say No To Plastic



Nanhi Pari Project



Kaamdhenu Aahar



Slippers Distribution to the needy People



Re-Opening of Covid Affected School



Eye Check-up Camp



Donated Sewing Machine



E- Learning Education



Refreshment Day Celebration



Inner Wheel Club of Siliguri Uttorayon



International Plastic Bag Free Day



Donated Laptop & Rs.24000



Support To Farmers



Cataract Surgery



Sponsored Education of a Girl Child



Branding Inner Wheel



Vaccination Camp



Developmental Cataract Surgery



Donated Different Items to Aashra



Donated 43 Inch T.V For E-Education

Inner Wheel Club of Uttorayon Aura



Umbrella Distribution



International Plastic Bag Free Day



Stationary & Food Drive



CA & Doctor's Day Celebration



Tree Plantation



Cloths Distribution



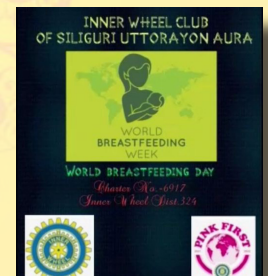
Khichdi Distribution



Teacher's Day Celebration



Observed World Disabled Day



Observed Breast Feeding Week



Inner Wheel Club of Tinsukia



Doctor's Day Celebration



Observed Independence Day



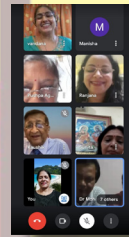
Friendship Day Celebration



Organised Vaccination Camp



Raksha Bandhan Celebration



Webinar on Breast Feeding



Observed International Elderly Day



Teacher's Day Celebration



Gandhi Jayanti Celebration



World Diabetes Day Awareness



Inner Wheel Club of Tinsukia Mitra



Doctor's Day Celebration



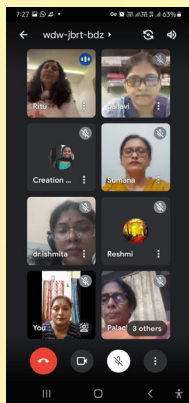
Independence Day Celebration



Literacy Day



Teacher's Day Celebration



Peace Day Celebration
Vertually



Menstrual Hygiene





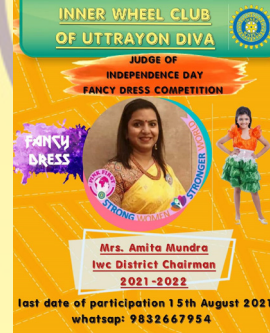
Inner Wheel Club of Uttorayon Diva



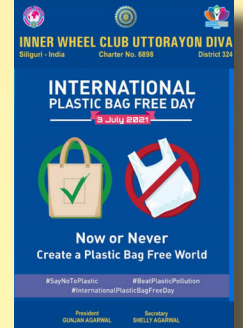
Project on Health & Hygiene



Cataract Operation



Fund Raising Project



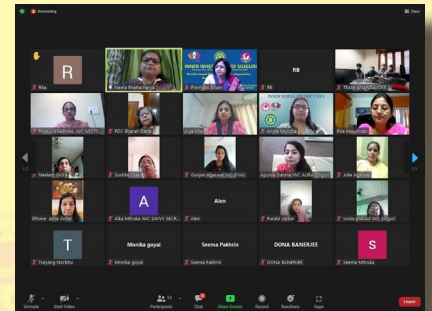
Awareness on "Say No to Plastic"



O for Orphanage & Happiness



Encouraging Women Entrepreneur On Teacher's Day



Observing Breast Feeding Awareness



Khichdi Distribution



S for Stree, Enabling Woman Entrepreneur



Distribution of Dry Ration



From The Desk of District Editor



Pinky Agarwal

IW District 324 is here with the EAST ZONE MEET Edition of its bulletin. This Bulletin displays the festive mood, as committed we will put together each month a newsletter that tells readers something new about our work and its significance. This serves to highlight the activities in a new way or put a spotlight on a new project. The EZM Edition is more of the classic update, that gives readers info on their latest works keeping the theme of this year, "PINK FIRST" as the motto. This edition strategically draws the readers' attention to specific projects of every Club of District 324. This helps emphasize our main goal SHEROES. We can motivate every one to continue with our non-stop actions in the field of social help as well as to serve the distressed. This edition, is highlighting the colours of their work techniques and modes and it brings out the enthusiasm. This is a very powerful way to get better recognition and highlight the activities. It enhances our ability, while continuing to grow with like-minded potential members. We hope to continue with this tradition making it better every month by adding a new look and novel projects. This particular edition is dedicated to each one of us, as we resemble the strength, the truth and the vigour of Goddess Durga.

"सबको लगता यहाँ कि तू अबला है, पर दिखा दे
इनको की, तू दुर्गा तू ही ज्वाला है।"

Thanks
Pinky Agarwal
District Editor
IWC, DIST-324

NAMASTE



CALENDAR 2021-2022



July 2021						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2021						
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29	30	31				

September 2021						
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October 2021						
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31						

November 2021						
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December 2021						
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January 2022						
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February 2022						
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March 2022						
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April 2022						
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May 2022						
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June 2022						
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26	27	28	29	30		





Thank You



Inner Wheel District 324



STRONG WOMEN STRONGER WORLD