



## DARE CARE SHARE

W WOMEN & ADOLESCENT

**GIRL WELFARE** 

E ENVIRONMENT

C CANCER

A ANAEMIA

R RETENTION & EXTENSION

IN INNER WHEEL

**E EDUCATION** 









# WOMEN & ADOLESCENT GIRL WELFARE



PROJECT POSITIVE HEALTH STOP NON COMMUNICABLE DISEASES

- PAN INDIA CAMPS- POSITIVE HEALTH DAYS
- 29TH SEPTEMBER-WORLD HEART DAY
- 14TH NOVEMBER-WORLD DIABETES DAY
- 10TH JANUARY-INNER WHEEL DAY
- 7TH APRIL -WORLD HEALTH DAY
- ANY OTHER DAY



- 4 CAMPS PER CLUB ON FIXED DAYS
- ADDITIONAL CAMPS IF POSSIBLE
- AWARENESS CAMPS IN SCHOOLS For CLASS 7TH & 8TH
- TEACHING YOUNG ABOUT HEALTHY FOOD

## MENSTRUAL HYGIENE MANAGEMENT GOALS

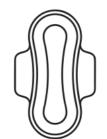
- MHM TRAINING IN SCHOOLS
- AWARENESS ABOUT OPTIONS / CHOICES AVAILABLE
- TRAINING OF TEACHERS
- STUDENTS AS GROUP TRAINERS
- SUPPLY OF REUSABLE MATERIALS
- STRENGTHENING WASH FACILITIES

#### LEGAL HELP GOALS

- Awareness of free legal services for women & children
- · Helping those who need help.

#### SENIOR CITIZENS GOALS

- CELEBRATE FESTIVALS WITH THEN MAKE THEM FEEL NEEDED AND USEFUL
- CAMPS FOR MENOPAUSAL WOMEN
- HOLD HEALTH CHECK UP CAMPS FOR THEM.









STRONG WOMEN STRONGER WORLD







#### AWARENESS ABOUT GOVERNMENT **WELFARE SCHEMES GOALS**

 AWARENESS TALKS AT VARIOUS LEVELS



**KNOWLEDGE IS POWER** 

#### SKILL DEVELOPMENT & REHABILITATION **GOALS**

#### START SKILL TRAINING SCHOOLS:

At CLUB LEVEL WITH CSR & GOVERNMENT

#### SPONSOR /FINANCE DESERVING WOMEN:

AWARENESS ABOUT FREE SEWING MACHINE FOR POOR





- SOLID WASTE MANAGEMENT
- BIODEGRADABLE & PLASTIC WASTE MANAGEMENT
- GREY WATER MANAGEMENT
- AIR POLLUTION
- NOISE POLLUTION

#### **GOALS**

#### ADOPT A VILLAGE TO CREATE AWARENESS & START PROJECTS FOR THESE **CLEAN DRINKING WATER**

- WORK IN SLUMS / NO PIPED WATER SUPPLY/ (SAWYER) etc
- SAVING WATER CAMPAIGN
- TALKS ON WATER POLLUTION
- TALKS IN SCHOOLS
- RECHARGING WATER-1 Project per club

#### **ENVIRONMENT: TREE PLANTATION & AFFORESTATION**

#### **GOALS**

- PLANTATION AND TAKING CARE
- 1 TREE FOR EVERY FAMILY MEMBER
- TAKING CARE OF THOSE TREES FOR 1-2 YEARS







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**GOALS** 



#### **AWARENESS:**

- · Warning signs IEC display
- Health talks

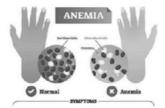
#### **EARLY DETECTION:**

- SELF EXAMINATION OF BREAST (VIDEO) TO BE SHARED AMONGST MEMBERS
   SOCIAL MEDIA TO CREATE AWARENESS ABOUT SELF EXAMINATION .
- PAP SMEAR CAMPS
- COLPOSCOPY CAMPS
- MAMMOGRAPHY CAMPS

#### PREVENTION:

VACCINATION FOR CA CERVIX FUNDING (CSR, DONATION, GOVERNMENT SCHEMES) MEASLES & RUBELLA VACCINATION.





- HEMOGLOBIN CHECK UP CAMPS IN
- SCHOOLS- 2 Schools per club
- SLUM AREAS

**TALKS IN** 

- SCHOOLS
- COLLEGES
- SLUM AREAS
- IRON FOLIC ACID SUPPLEMENTS
- DEWORMING of school children, & adults
- TALKS ABOUT HEALTHY BALANCED

**IRON RICH DIET IN SCHOOLS, COLLEGES & SLUM AREAS** 

# HEMOGLOBIN ESTIMATION HIS TEST

## ANAEMIA & DISEASE PREVENTION HAND WASHING

- WHEN AND HOW TO WASH HANDS IN ATLEAST 5 SCHOOLS PER CLUB
- UPGRADING AND SUPPORTING HAND WASH FACILITIES IN SCHOOLS
- I.E.C ON WHEN AND HOW TO WASH HANDS
- GROUP HAND WASH STATIONS
- PROVISION OF SOAP FOR HAND WASHING





STRONG WOMEN STRONGER WORLD







#### **GOALS**

- Increase in club Membership by 20%
- Increase Newgen club by 5%
- Reten?on of 95% members In every club



#### **GOALS**

- ADULT EDUCATION
   Involve 5 Schools/Colleges per Club for Adult Educa?on 1 to 1 aproach.
- VOLUNTEER TEACHERS
   In your area where there is shortage of teachers in this school.



- OUT OF SCHOOL CHILDREN
  Bring At least 10 Out of School Children back to Schools.
- E-LEARNING
  Provide E-Learning Kits to Govt. Schools.

TRY TO DO PROJECTS IN ONE AREA/
ADOPT A VILLAGE FOR ONE YEAR FOR GREATER IMPACT
OF ALL THE GOALS



