



INNER WHEEL DISTRICT 324

PROJECT REPORT : NOVEMBER, 2023-24



Geeta Sarin
DC



Anindita Dey
DVC



Kakoli Chowdhary
AC Member



Pinki Agarwal
DS



Manisha Garg
DT



Sumita Som
DESO



Rita Bajla
DISO



Sweta Agarwal
DE

CHILDREN'S DAY CELEBRATION



IWC JORHAT

Children's Day was celebrated in adopted school. Three competitions i.e. Art, Extempore Speech and products made from waste material was organised.



IWC SANTINIKETAN

celebrated Children's Day at the ADOPTED VILLAGE. The members spread the message of education and school going spirit to the village dwellers and the parents of the children.



IWC HAILAKANDI

celebrated Children's Day with the young girls of Kalyan Ashram Hailakandi. The members distributed some study materials as well as sanitary napkins to them.



IWC BONGAIGOAN

Children's Day at our adopted school. We distributed cakes, biscuits, and chocolates as a token of love and played fun filled game with them.



IWC DIMAPUR

organised sports meet for students. We arranged woollen cloths, snacks and eatables etc with fun filled games for them and got involved fully those children.



IWC MIDTOWN

In a heartwarming gesture, our club celebrated CHILDREN'S day with the kids at our adopted Village. We organised drawing competition, played games, distributed food packets, donated study table and two chairs and also drawing board.



IWC DIBRUGARH

organised a delightful fancy dress competition on CHILDRENS DAY at our Happy School



IWC ASANSOL

drawing competition, 26 children from our adopted slum participated in the competition. Stationery items were distributed, nutritious food items were also distributed.



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Shine
a light



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IILM-SHISHA 360



IWC BONGAIGOAN

Inauguration of HAPPY SCHOOL by District Chairman



IWC UTTORAYAN DIVA

A session was held by a life coach, for 150 young kids where she explained the virtues of honesty, respect, kindness, with the help of fun loving activities like story telling, games, etc..



IWC SILIGURI UTTORAYON

Yoga mats are distributed to children of HAPPY SCHOOL



IWC GANGTOK

A quiz competition held for voter awareness in collaboration with the office of the chief electoral officer. It was held in the local government college.



IWC SANTINIKETAN

On the occasion of National Book Week club organized an awareness camp on the "Importance of Books in Today's Digital Life".



IWC DURGAPUR

distributed food packets, in their adopted school



IWC DURGAPUR

organised drawing competition on the occasion of ChildsRightWeek,



IWC ASANSOL

distributed Books and notebooks among underprivileged children to mark National book week



IWC DIBRUGARH

distributed 50 Educational kits consisting of stationary, colours, art material and other creative tools with IWC LOGO to adopted school



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ADOPT A MISSION



IWC SILIGURI UTTORAYON
donated clothes, bed sheets and curtains to ARISE orphanage for victims of girls trafficking.



IWC SILIGURI MIDTOWN
distribution of 15 fans in adopted village



IWC DIBRUGARH
distribution of unused clothes, woollens and other useful household items amongst the needy people of the adopted slum



IWC SILIGURI MIDTOWN
distribution of necessary items to the Mother and new born Child. The Mothers were gifted night wears and blankets were given for the new born along with nutritious food items like Horlicks and Fruits



IWC SILIGURI UTTORAYON
installation of Street solar light in adopted village



IWC SANTINIKETAN
newborn mothers were given baby blankets, bibs, socks and biscuits OF ADOPTED VILLAGE



IWC SANTINIKETAN
distributed twenty mosquito nets to the people of the ADOPTED SLUM



IWC SILIGURI MIDTOWN
to bring the joys of this Chhath puja festival to the families of the underprivileged, our club distributed 21 Dalias (Basket of fruits, pressed, Puja items and Sarees) to the families in our adopted best!



IWC SANTINIKETAN
observed World Toilet Day, 19th November at the ADOPTED VILLAGE by interactive discussions and a short talk with the primary school children and the villagers present.



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SUPPORT TO DIFFERENTLY ABLED



IWC DIBRUGARH
donated a multipurpose mobility wheelchair with commode, and also a walker to a widow



IWC SILIGURI SAVVY
Hearing aids, walking sticks, walkers and wheel chairs were distributed to 100 disabled persons



IWC SILIGURI UTTORAYON
distributed new Sarees ,clothes and food packets to specially abled girls and women on the occasion of Diwali.

ADOPT AND BUILD



IWC DIBRUGARH

7th November-visited the clubs adopted old age home "Asha Vridha Ashram" and donated mixer grinder , electric kettles , healthy nutritional food items like milk, soyabeans, biscuits etc.



IWC DURGAPUR

distributed shawls among the inmates of the old age home. We also arranged lunch for them .



IWC HAILAKANDI

visited W. S. Choudhary Orphans Home and spent time with them. The members gifted them two water purifier to avail then pure drinking water



IWC ASANSOL



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ZEST FOR ZERO WASTE



IWC SILIGURI SAVVY

The hamper was decorated at home using all the waste materials like laces, motis and tiles in aid of making the best out of waste!



IWC SANTINIKETAN

distributed old and reusable clothes to the people of the ADOPTED SLUM



IWC DULIAJAN

distribution of reusable clothes and cloth bags to ban use of polythene bags.



IWC ASANSOL

donated old clothes for recycle and reuse through Grownest in Collaboration with Hulladek and supported by Switchon Foundation and GBIN

RISING STRONG



IWC DIBRUGARH

an ongoing vocational tailoring training program for underprivileged girls. At present 29 students are enrolled. On 6th Nov members donated around 200 dress materials to the girls.



IWC SILIGURI MIDTOWN

Jersey and Shoes to an aspiring girl child of adopted Village. She is a good sportsperson and has been winning some medals also.



IWC SANTINIKETAN

organized a rally along with Child In Need Institute (CINI) and Access to Justice for Children in Birbhum,



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DIWALI CELEBRATION



IWC SANTINIKETAN

a post Diwali get together in the club. Members brought different food items and greeted everyone after the festivities.



IWC SILIGURI SAVVY

Diwali was celebrated with new members and our charter members



IWC KARIMGANJ

On the occasion of holy Dipawali, the club celebrated the occasion by lighting 108 diyas at Sambhu Sagar Park,



IWC UTTORAYAN DIVA



IWC HAILAKANDI

The members gifted them diyas, candles, crackers etc. The members also arranged breakfast for them of adopted slum



IWC DIBRUGARH

EK KADAM KHUSIYON KE NAAM by providing sweets and essential household cooking n serving items for hygienic living with inner wheel SHINE A LIGHT N CENTENARY YEAR logo to 20 families whose members are working at factory at our adopted slum .



IWC DURGAPUR

This year we celebrated this special day with our special children with lots of love, games, distributed chocolates and cakes



IWC DIBRUGARH

a delightful diya decoration competition to mark the essence of Diwali at our Happy School



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DIWALI CELEBRATION



IWC SILIGURI PANACHE

presented sweets, crackers, and diyas to the diligent sweepers and laborers, illuminating their lives with Diwali joy



IWC SILIGURI MIDTOWN

gifts to workers of adopted village



IWC DIMAPUR



IWC GANGTOK

On diwali members decorated diwas and made gift hampers for all recycling old diyas



BUILD BRAND IDENTITY



IWC HALAKANDI

attended the most prestigious occasion of Rotaract Sharod Shikriti. The members were felicitated by uttorio and Memento.



IWC BONGAIGOAN

donated 22 colourful umbrellas with Inner Wheel logos to the needy workers.



IWC BONGAIGOAN

flag exchange



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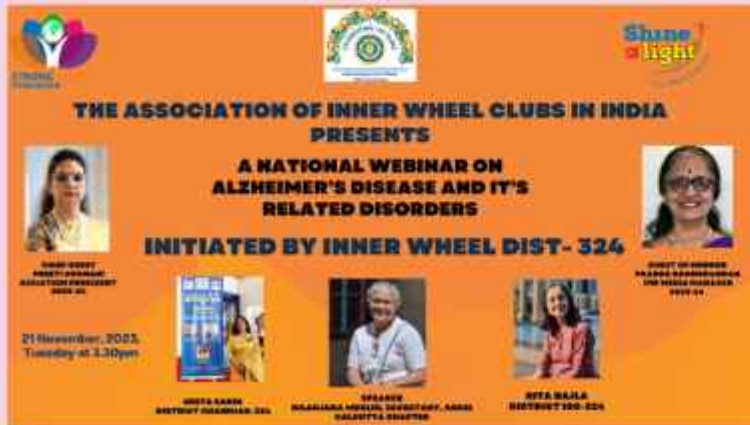


Sweta Agarwal
DE

NATIONAL WEBINAR

"Brain Health is Brain Wealth"

Date : 21st November



Guest Speaker :

Nilanjana Moulik, Secretary ARDSI, Calcutta Chapter.

Inner Wheel District 324 initiated a National webinar on Alzheimer's disease and its related disorders. It was an honour to have respected Association President Preeti Gugnani as the Chief Guest and International Editor and Media Manager Prabha Raghunandaji as the Guest of Honour of the National webinar .

It was indeed a momentous moment for D324 when Preetiji appreciated the remarkable social activities taken up by the district .She appreciated and appraised the sensitive topic taken up for the webinar which is indeed the need of the hour and to be more spoken about!

Prabhaji gave her insight on how important is brain health .Her inputs were enlightening and relatable to all present as she quoted "Charity begins at home " we often do not see our close ones loneliness, so let's try to start by comfort our near and dear ones .

Guest Speaker Nilanjaniji shared a presentation on how ,why,when and what is Alzheimer and dementia.The root causes were explained along with technics to help deal with the brain related health issue .

Health is wealth. Mental health is the-key to happiness. Holistic health is the Need of the hour. A healthy lifestyle with a good diet. Lot of physical activity Good sleep pattern. Moderate drinking. No smoking is a must. It is rightly said we have one body to live in so look after it Because if health is lost everything is lost.

The concluding remarks were presented by District Chairman Geeta Sarin who was grateful to Preetiji and Prabhaji for sparing their valuable time for the webinar and appreciated the hard work of DISO Rita Bajla for initiating the webinar on such an important issue.

The program was flawlessly hosted by District ISO Rita Bajla and the Tech team being Club Editor (IWC Siliguri) Angrijha Basu and District Editor Sweta Agarwal.

The webinar marked the presence of 100 members including honorary Association Secretary ,National Editor Sonalji , PDC's from home district and other districts, District Executive committee and Inner Wheel sister.

The webinar was streamed live in you tube as well.



A National Webinar on Alzheimer's Disease and it's related Disorders - IWD ...

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THE ASSOCIATION OF INNER WHEEL CLUBS IN INDIA PRESENTS
A NATIONAL WEBINAR ON ALZHEIMER'S DISEASE AND IT'S RELATED DISORDERS
 INITIATED BY INNER WHEEL DIST- 324

TOPIC
Brain Health is Brain wealth

 PRESIDENT DISTRICT CHAIRMAN 2022-23	 GUEST OF HONOUR PRESIDENT SACRAMENTO AND OREGON 2022-23
 SPEAKER NILANJANA MOULIK, SECRETARY, AARDI CALCUTTA CHAPTER	 RITA BALA DISTRICT ISO-324

SAVE THE DATE
 21 November, 2023,
 Tuesday at 3.30pm

JOIN ZOOM MEETING (LIVE)
<https://us06.zoomez.com/join/7075886806?pwd=Ng0aY3p0M2h1d2F1aG94b1l1b2p1b011>
 MEETING ID: 857 2800 2928
 PASSWORD: 955584



UNDERSTANDING ALZHEIMER'S DISEASE

Understanding Alzheimer's disease: symptoms, causes, and treatment.

DATE: 21 NOVEMBER 2023 **TUESDAY 3.30 PM**

WITH OUR INFLUENTIAL SPEAKER:

NILANJANA MOULIK, SECRETARY, AARDI CALCUTTA CHAPTER

We invite all Inner Wheel Club members to join this mental health-related webinar on the topic of "BRAIN HEALTH IS BRAIN WEALTH" to learn more about this alarming disease and its treatments.

Free of charge entry



A National Webinar on Alzheimer's Disease and it's related Disorders - IWD ...

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